

Friends of White's Woods

Edible & Medicinal Plant Walk

Dana Driscoll

Traditional western herbalist, wild food forager, homesteader, certified permaculture designer, certified permaculture teacher, & IUP faculty member. She is committed to regenerative approaches to tending and healing the land and creating a positive, earth-centered vision for future generations.



Spice Bush



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OCTOBER 11, 2023: 4:30 p.m.

About the Walk: Join Dr. Dana Driscoll to learn more about edible and medicinal plants and trees located in White's Woods. During this early fall plant walk, we will explore a number of plants and trees located in White's Woods and talk about their edible, medicinal, and human craft uses. In addition to learning about 15-20 medicinal and edible plants, we'll discuss the ethics of wild food foraging and how to focus on conservation and regeneration to increase desirable plant populations. Please understand that this plant walk requires hiking up trails to get to the top of White's Woods. We recommend appropriate footwear (hiking boots, closed-toe shoes).

To register email:
info@friendsofwhiteswoods.org

